

RME

Why does caring for our planet matter?

RME – Religious and Moral Education Lesson

Date/Rationale	This RME lesson raises awareness for the environment, we will explore the story of creation and why looking after the planet is important to Christians. It explores practical 'tools' on what we can do to help.
Title	Why does caring for our planet matter?
Stage	Primarily P6-7
Aim	This event aims to promote the importance of looking after our planet. It encourages all pupils to get involved and discusses practical ways how we can help preserve the planet.
Objectives	(1) Sensing values: experiencing Christian values of creation. Sensing a changed quality of awareness: practical challenges and discussion increases the awareness of current environmental issues. (2) At the end of the event pupils will be able to describe one of the fundamental Christian beliefs; God created the world and everything in it. They should be able to think of practical ways how they can help preserve the planet and actively take initiative to do so throughout their week at Abernethy Nethybridge.
Links with CfE & RME	(1) Effective Contributors with an enterprising attitude to think creatively how they can live more 'environmentally friendly'. Responsible Citizens with respect for others, the planet and evaluating current environmental issues. (2) RME 2-01a – Through investigating and reflecting upon biblical and other Christian stories, I can show my understanding of these stories. RME 2-01c - I can show understanding of Christian beliefs and explore the similarities and differences between these and my developing beliefs.
Is this part of a series?	This is the first of four sessions answering "Why it matters" questions.
Introduction	The leader will introduce himself, the team and ask about the day, what activities pupils have been doing and what they saw focusing on their natural environment.
Stimulus/ stimuli	The leader will introduce the topic either by showing a BBC nature video or by hosting a talk show, involving students and ask them a series of questions concerning travel, the world and nature. The leader then will continue sharing the story of creation in a creative matter and sharing one of the fundamental Christian beliefs; that God created the world for us to enjoy and to look after.
Guided Reflection	Pupils will be encouraged to reflect on current environmental issues and will consider ways on how to take action now, and once home, to look after the planet better.
Response & Possible Next Steps	(1) An immediate response: a moment of prayer and reflection. (2) A long-term response: pupils are encouraged to pick up litter during their stay and be conscious of using plastic and how to recycle.

RME

Why does it matter to be kind?

Date/Rationale	This RME lesson explores the theme of showing kindness and compassion to others, especially those who may be different from us.
Title	Why does it matter to be kind?
Stage	Primarily P6-P7
Aim	This event aims to promote the spiritual development of all members by taking initiative to show kindness and compassion to those around us no matter their origin or belief.
Objectives	<p>(1) Sensing values: questioning their values, attitudes and feelings. What is important and who am I willing to help?</p> <p>Sensing challenge: being challenged and moved by experiences such as love, goodness, compassion and injustice.</p> <p>(2) At the end of the event pupils understand the ‘science of kindness’, why it is important to take initiative and show compassion. They will be able to rephrase well-known bible stories that will reflect this subject.</p>
Links with CfE and RME Outcomes	<p>(1) Confident Individuals with self-respect <i>and able to</i> relate to others and manage themselves.</p> <p>Effective Contributors with resilience; self-reliance <i>-and to be able to</i> take initiative to help others.</p> <p>Responsible Citizens with respect for others.</p> <p>(2) Health and Wellbeing: Mental & Emotional Wellbeing</p> <p>I know that friendship, caring, sharing, fairness, equality and love are important in building positive relationships. As I develop and value relationships, I care and show respect for myself and others.</p> <p>HWB 0-05a / HWB 1-05a / HWB 2-05a / HWB 3-05a / HWB 4-05a</p> <p>I understand that people can feel alone and can be misunderstood and left out by others. I am learning how to give appropriate support.</p> <p>HWB 0-08a / HWB 1-08a / HWB 2-08a / HWB 3-08a / HWB 4-08a</p> <p>(3) RME 2-01a Through investigating and reflecting upon biblical and other Christian stories, I can show my understanding of these stories.</p> <p>RME 2-01b – Through exploring the lives and teachings of Jesus and other figures in Christianity, I am increasing my knowledge and understanding of key Christian beliefs.</p> <p>RME 2-01c – I can show understanding of Christian beliefs and explore the similarities and differences between these and my developing beliefs.</p> <p>RME 2-09d I am developing my understanding of how my own and other people’s beliefs and values affect their actions.</p>
Is this part of a series?	This is the second event of our “Why it matters” series.
Introduction	The Leader will introduce the event by asking about their day, activities accomplished and what their answer is to the question of the day “Why does it matter to be kind?”
Stimulus/ stimuli	The Leader then will continue with an introduction to the subject; either by using the analogy of ripples on the water to illustrate how

	acts of kindness can have a bigger effect than expected, or by showing a video called 'the science of kindness'. He then will move onto a well-known bible story that will reflect on this subject and teaches us why kindness, sharing and compassion is important to help build a better community.
Guided Reflection	Pupils then will be guided to reflect about acts of kindness they have witnessed, participated in or initiated themselves and how these made them feel.
Response & Possible Next Steps	<p>(1) An immediate response: a moment of prayer and a reflection of kindness and compassion witnessed.</p> <p>(2) A long-term response: They are encouraged to think about someone in need of compassion that is outside their 'comfort zone'</p>

RME Why does it matter to forgive others?

Date/Rationale	This RME lesson explores the theme of forgiveness, the importance of letting go and how holding grudges tends to do more harm to us than those around us.
Title	Why does it matter to forgive other?
Stage	Primarily P6-P7
Aim	This event aims to promote spiritual and emotional development of all pupils, to process their emotions and feelings and the importance of letting go of past hurt and grudges.
Objectives	<p>(1) Sensing meaningfulness: understanding the importance of processing emotions and feelings to live a healthy life. Sensing challenge: to let go when hurt.</p> <p>(2) At the end of this event pupils will be able retell parables of the bible that teach on this subject. They will understand the importance of forgiveness and consider their own values.</p>
Links with CfE and RME Outcomes	<p>(1) Successful Learners with openness to new thinking and ideas - <i>and able to</i> use communication skills. Confident Individuals with self-respect <i>and able to</i> relate to others and manage themselves Effective Contributors with resilience; self-reliance - <i>and able to</i> work in partnership and in teams Responsible Citizens with respect for others and considering their feelings.</p> <p>(2) Health and Wellbeing: Mental & Emotional Wellbeing I am aware of and able to express my feelings and am developing the ability to talk about them. HWB 0-01a / HWB 1-01a / HWB 2-01a / HWB 3-01a / HWB 4-01a I understand that my feelings and reactions can change depending upon what is happening within and around me. This helps me to understand my own behaviour and the way others behave. HWB 0-04a / HWB 1-04a / HWB 2-04a / HWB 3-04a / HWB 4-04a I know that friendship, caring, sharing, fairness, equality and love are important in building positive relationships. As I develop and value relationships, I care and show respect for myself and others. HWB 0-05a / HWB 1-05a / HWB 2-05a / HWB 3-05a / HWB 4-05a</p> <p>(3) RME 2-01a- Through investigating and reflecting upon biblical and other Christian stories, I can show my understanding of these stories. RME 2-07a - I am developing respect for others and my understanding of their beliefs and values. RME 2-09c - I can explain why different people think that values such as honesty, respect and compassion are important, and I show respect for others.</p>
Is this part of a series?	This is the third event in our series "Why it matters."

Introduction	The Leader will introduce the day by asking pupils about their day, the activities they've been doing and their thoughts on why forgiving others matters.
Stimulus/ stimuli	The leader will introduce the topic either by showing a video clip or by using a water bottle to illustrate how unforgiveness hurts oneself more than anyone else. He will then continue looking at verses from the bible that support the idea of forgiveness and help pupils understand why forgiveness is very important to Christians.
Guided Reflection	Pupils will be given the option to reflect on a time where they have been forgiven and to consider forgiving those who have hurt them or ask for forgiveness when they know they have made a mistake.
Response & Possible Next Steps	<p>(1) An immediate response: a moment of prayer or of reflection</p> <p>(2) A long-term response: Say sorry and forgive generously, as it promotes healthy friendships.</p>

RME

Why do my choices matter?

Date/Rationale	This RME lesson explores the theme of choices and consequences.
Title	Why do my choices matter?
Stage	Primarily P6-P7
Aim	This event aims to promote taking responsibility for our actions and encourages pupils to think about the choices they make.
Objectives	<p>(1) Sensing values: attitudes matter, feelings and what we value influence our decisions.</p> <p>Sensing challenge: being challenged to think about the choices we make and their consequences.</p> <p>(2) At the end of the event students will be able to retell stories of the bible that reflect the subject and know that the right choices aren't always the easy ones to make.</p>
Links with CfE and RME Outcomes	<p>(1) CfE Capacities</p> <p>Confident Individuals with self-respect <i>and able to</i> relate to others and manage themselves</p> <p>Effective Contributors with resilience; self-reliance - <i>and able to</i> work in partnership and in teams</p> <p>Responsible Citizens with respect for others and making good choices.</p> <p>(2) Health and Wellbeing: Mental & Emotional Wellbeing</p> <p>I understand that my feelings and reactions can change depending upon what is happening within and around me. This helps me to understand my own behaviour and the way others behave.</p> <p>HWB 0-04a / HWB 1-04a / HWB 2-04a / HWB 3-04a / HWB 4-04a</p> <p>(3) RME 2-01a Through investigating and reflecting upon biblical and other Christian stories, I can show my understanding of these stories.</p> <p>RME 2-01c - I can show understanding of Christian beliefs and explore the similarities and differences between these and my developing beliefs.</p>
Is this part of a series?	This is the final event of our four-part series "Why it matters"
Introduction	The Leader will introduce the event by asking pupils about their day, discussing choices they made and what consequences they experienced, which can be both positive and negative.
Stimulus/ stimuli	The Leader will fully introduce the topic either with a game of 'would you rather' or by showing a kid president video talking about choices. He then will move on to sharing a story or a verse from the bible in a creative manner that will illustrate the idea of choices and consequences. And articulate why Christians believe God helps them to make choices and how following Jesus is a choice that they made.
Guided Reflection	Pupils will be invited into a time of reflection of the whole week, the topics we explored on days previous and how they all are ultimately about choices.
Response & Possible Next Steps	<p>(1) An immediate response: a moment of prayer or of reflection.</p> <p>(2) A long-term response: to make the right choice even when it's hard.</p>