

P7 Nethybridge Itinerary

Mon 29th May to Friday 2nd June 2023

Monday 29th May 2023

10am Meet inside Stromness Ferry Terminal for check-in
11am Depart Stromness – packed lunch on board. Sailing time: 90 minutes
12.30pm Arrive Scrabster
1pm Depart for Nethybridge by bus (traveling time will include toilet break at Brora).
4.30p-5pm Arrive Nethybridge. An introductory talk is given which outlines points ensure a smooth stay and explains the programme for the group.
6pm Evening Meal
6.45pm Excursion Leader reports to Home Base Contact. Shop opens and evening activities. Phone home time for pupils. EXPLORE* Session.
9pm Supper.
9.30-10pm Bedtime

Tuesday 30th May to Thursday 2nd June 2023

7am Rise and shine
8.15am Breakfast and make packed lunch
9.30am Meet for activities
4.30pm Supervised Swim
6pm Evening Meal
6.45pm Excursion Leader reports to Home Base Contact. Shop opens and evening activities. Phone home time for pupils. EXPLORE* Session.
9pm Supper.
9.30-10pm Bedtime

Friday 2nd June 2023

7am Rise and shine
8.15am Breakfast and make packed lunch
9am Depart Nethybridge by bus to Scrabster
12.45 Check in at Scrabster
1.15pm Depart Scrabster
2.30pm Parents to collect pupils from inside Stromness Ferry Terminal. Excursion Leader reports to Home Base Contact.

The final programme of activities will be handed out as soon as it is received from the Nethybridge Centre, and usually comprises of:

Forest Adventure	Silver Maze	Aerial Runway and Zip Wire	Climbing and Abseiling
Orienteering	Canoeing	Archery	Swimming

All of the specialist equipment that your child will need during your stay – buoyancy aids, helmets, harnesses etc will be provided by Abernethy. The Abernethy Adventure kit list can be found here: [20220911141608-Adventure Kit List 2022.pdf \(venue360.me\)](https://www.abernethy.org.uk/information/explore/)

School staff are responsible for the general supervision of the children during meal times, after afternoon activities and during the evenings. However, Abernethy staff will organise supervised swimming before dinner. During the week, a Wide Game and Barbeque may be organized (weather permitting).

Each school is issued with an equipment box containing table-tennis, badminton, tennis and football equipment which can be issued to pupils at free times.

* EXPLORE is a short up to date Christian presentation by the team member. Explore is an inclusive and valuable time at the end of the day for children and young people to reflect on what they are learning from their residential experience. The session includes games, activities, discussion and stories, presented by our staff teams. For more information, see <https://www.abernethy.org.uk/information/explore/>. **If you wish your child to opt out, please let us know in advance of your visit so we can make arrangements accordingly.**