School Dinners Survey Primary School Pupils and Parents Questionnaire 2018

We would like you to tell us how you feel about your school dinners.

If you have school dinners, we want to know what you like about them and what could be better and if you don't have school dinners tell us why not.

Please take this survey home and ask your parent / guardian to help you fill it in, please return it to your school by Friday 30th March.

Pupils Questions

Q1	What school	do you attend	?	Papdal	e				
Q2	Which year a	re you in?							
Q3	Are you a		Boy	84	Girl	98	8		
Q4	Do you have	school dinner	s? Please	tick one	box				
	108 66 14	yes, always yes, sometir No, not at al	mes – go t	o questic					
Q5	Why don't yo go to Q10	ou have schoo	l dinners?	Please	tick up to	3 box	es and		
	7	I tried them	but don't li	ke the ta	ste of sch	ool di	inners		
	4	The queues							
	4	I don't like th		of meals					
	14	I prefer pack							
	4	They cost to							
	0	It is my pare	ents / guard	dians cho	oice				
	1	Other reaso	n						
Q6	What do you 40 Very good	think of your s	school dir		Please tick	only	1 box Very poor		
Q7	•	lly get the mea	al you wan			,			
	Yes 147				No 22_				
Q8	Is the service	e service at the counter helpful and friendly? Please tick 1 only							
	Yes 145	N	o 1	_ ;	Sometime	s 22	2		

Q9 At dinner time, which of these things are you happy or unhappy with? Please tick 1 box in each row.

	Нарру	Unhappy
Taste of the food	151	16
Amount you get	128	39
Choice of food	138	31
Time you spend queuing	72	95
Time you have to eat your dinner	143	23
Where you sit / who you sit with	128	36

Q10 What are your 3 favourite?

Hot	Dinners	Puddings			ndwich
79	Fish + Chips	51	Ice Cream	74	Cheese
52	Mince + Tatties	43	Alien Crunch	68	Ham
37	Pizza	42	Custard		

Q11 What are your 3 biggest dislikes?

Hot Dinners		Puddings			ndwich
22	Chicken Curry	19	Custard	43	Tuna
18	Chicken Fricassee	14	Semolina	27	Egg
14	Mince + Tatties	13	Muffin		
14	Enchiladas				

Q12	Do yo	you think school dinners are a healthy choice? Please tick							
	Yes	130	No	9	Don't know	33			
Q13	Do yo	ou think it is import ne	ant to	make healthy	r food choice	es? Please			
	Yes	152	No	7	Don't know	10			

Q14 Tell us what we can do to make school dinners better?

- More choices for people with allergies. E.g. Dairy Free. There is never any choice of pudding apart from fruit that is dairy free.
- Tomato Ketchup.
- Ice cream for pudding?!
- It was good having Hotdogs on the last day. More pudding choices.
- Blow on them to make them colder! (son's words □)
- Bring back Jam Sponge & Custard please.

- Noodles
- More nice ingredients
- More than one choice of Soup.
- I would like a warm pudding i.e. Custard, Flapjacks & Custard, Shortbread & Custard, Sponge & Custard, Rice Pudding etc.
- It is all good, there is always something to choose that I like.
- Smaller portions for kids that don't like big portions.
- More fish (breaded), less spicy meals.
- Bring back Hot dogs on the last day of term. Better choice of pudding, not constantly fruit as its already there as a choice.
- Change them.
- Have more puddings, Fish & chips more often.
- More varied hot dinner choices.
- Have Soup & Sandwiches in the same line.
- Put lollypops on it!!
- More Vegetables.
- Make better line times.
- More food on the plates.
- Nothing
- They are great the way they are!
- Make more Mince Patties more often.
- Bring back Hotdogs.
- Hotdogs back on the menu.
- Nothing!
- More milky pudding. Review whole day menu as some days it does not seem balanced. Larger portion sizes, could we ask for more? Different types of Vegetables. Can we have Soup/Hot Main /Pudding please??
- Bring back "Last Day Hotdogs"
- · Bring Back Hotdogs at the end of term.
- My son would like Milkshakes back on a Friday □
- My child is happy with the school dinners.
- Don't make me have salad with pizza and things!
- More sauce with some of the dishes. Slightly bigger portions.
- More different fruits.
- Give us Hotdogs back to white bread sandwiches.
- Shorter queuing times.
- "I like them all, they are YUM"
- Hotdogs at the end of term.
- Put the rice pudding back on. A bun with a burger, Hotdogs for special occasions.
- Nothing they are all good.
- Serve lots of pasta! Pasta twice a week.
- More baked tattie fillings cold ham, sweetcorn. Nibbles tomatoes, cucumber, pepper as a side.
- Bring back the Gammon.
- Bring back Hot dogs on the last day of school.
- I would like a choice of filled rolls as well as sandwiches. Younger children shouldn't have to sit on the stage for packed

lunch.

- Some veg is not cooked properly.
- More choices as well as yogurt and fruit.
- Own class tables
- Look at the menu more closely, there is weeks they are having a pasta bake on Friday & then again on Monday, other weeks similar things happen. To Repetitive.
- Have tables per class.
- Make custard less gloopy.
- Take back Hot dogs.
- More often yogurt choice, when it is a fruit day, keep replenishing.
- Bring back Hotdogs on the last day.
- Bigger portions/ options for seconds.
- Make the queue shorter. Cheesy pasta has far too much cheese and not enough pasta.
- Nothing they are really good.
- · Make them taste nicer
- Make it more tasty
- Bigger portions for bigger people, how long you have to wait in the queue, the mess on floor, seats and tables.
- I would like the choice of white bread sandwiches again
- Sometimes have sugary food and not just healthy and maybe not wait for a long time in the queue, we could maybe just sit with our class instead of with other people.
- I would prefer different ham. I miss biscuits on cold. I miss the puddings we used to have.
- More breaded fish
- Bring back hot dogs and white bread, cookies and sticky toffee pudding
- Bring back hotdogs!
- Bigger portions
- Bring back hotdogs
- Make hotdogs and stop making fruit for pudding
- Can we try different foods because I get sick of the same ones!
- Nothing
- Cook it for a bit longer
- A choice to pick your own foods and different foods every day.
- Not make us have mouldy yoghurts, not bang the spoon when someone isn't paying attention, make sure yoghurts are not past their best before date, give us bigger portions, clean the hall properly after, get hot dogs back, get white bread back, have new food.
- Problem with seating, too small for upper primary classes.
 Please bring back hot dogs!
- Bring back hotdogs because we only had them once a term.
- Have better fish, it has bones and isn't fresh. Have bigger portions for the older bairns.
- Comfier seats, jam sandwiches, better servers.
- The dinners cost too much!

- Less queueing, better quality fruit.
- Try not to microwave the baked tatties please.
- Kindly note that I prefer to eat Halal food if possible.
- Make enough for everyone to get the same so that you get what you want. (i.e. no pudding + food left later on)
- White bread.
- Nothing all good.
- Have white bread again and sometimes have chocolate cake.
- Cheaper prices, shorter queues, get rid of any disposables (cling film, plastic)
- Make 2 queues and be ore nice when we are there.
- Paninis and wraps, less queueing time.
- Happy with the dinners but queues too long.
- I miss the sponge puddings
- Have hot dogs again
- Bring back some of last years (2016/17) dinner choices and puddings
- Have white bread sandwiches again
- Make more healthy options on cold and hot.
- Time spent in queue, if you're last out for lunch the queue is too long
- I think they are fine.
- Shorter queues
- More food for different age groups, less for p4 down, more for p5 up.
- Well the portions at the school are not great and the p1's, 2's and 3's get loads like the p4's, 5's, 6's and 7's get not much especially if you are last for lunch once people got sausage sandwich instead of a burger.
- Make portion size bigger
- Simpler food for hot dinners.
- Make them taste like Mum / Grannys cooking, list ingredients and source
- Always have a pudding and get juice again.
- Put more quality into the food, less fish and chips, healthier. Better staff, no chips, better tables, more options every day.
- Maybe a bit more of some foods in a month and more sandwich choices, more new puddings
- I think you should have the dinners a bit like KGS.
- Let us have seconds for things like fish and chips, get white bread back.
- Try some votes ok food from the children
- Bigger portions, the milk needs to be colder, bring back hot dogs, have bannocks as a food choice
- More choices

Parents / Guardians Questions

Q1 How satisfied or dissatisfied are you with the following aspects of school dinners at your child(ren)s school?

	1	2	3	4	5	6
Quality of food	32	2	7	22	66	39
Cost of meals	31	9	18	30	43	39
Menu choices	3	6	20	24	74	41
Time allocated for dinner	31	5	14	24	61	33
Dinner time arrangements	46	8	21	27	48	17
Catering for special dietary	88	3	5	20	30	23
needs						
Portion size	42	11	26	18	49	20
Balance / healthy choices	5	3	12	29	73	45

1 = no experience of / don't know

2 = very dissatisfied

3 = dissatisfied

4 = neither satisfied or dissatisfied

5 = satisfied

6 = very satisfied

Q2 Overall, as a parent, what is your one main concern about school meals? (leave blank in no concerns)

- 1. My child is dairy free and quite often he just must have a sandwich due to not being able to have the hot meal. Also, there is no dairy free pudding choice apart from fruit.
- 2. Making sure the children eat healthy food.
- 3. Cake is not a pudding this is not good teaching about healthy eating. Would love to see milky puddings.
- 4. Whether my child is eating enough or leaving food.
- 5. No brown bread sandwiches available.
- 6. Time for meals.
- 7. The soup and pudding choices this time are not that good. There used to be a better selection e.g. Smoked Haddock Chowder.
- 8. I think that in P1 & P2 parents could fill in a menu as is done at the strynd, rather than the child selecting a sandwich when the parent knows they like the hot option, often a sandwich is selected as its quicker to eat & get out to play.
- 9. That there is plenty of choice, so they don't come home hungry.
- 10. I would rather there be no sandwich bar: Too much choice confuses the children, and for those who don't like the menu, parents should provide a packed lunch.
- 11. Would like more encouragement from school to encourage pupils to have the hot option.
- 12. Too many choices, my daughter feels pressure to get finished on time. Soup or Main is ample choice for kids.
- 13. Healthy balanced diet. Which is essential.

- 14. Portion size too small.
- 15. Cost of meals, when you have more than one child at school, often pushes towards packed lunch.
- 16. More Milky Puddings A cake is not a Pudding.
- 17. Not enough for some children. X 2
- 18. Is whether he is getting the meal that he takes.
- 19. Physical lunchtime arrangements, supervision especially, I have one child come home distraught as another child spat in their lunch & there was no one to help sort it out. Also portion numbers seem an issue.
- 20. As my child has a medical condition, I would like more feedback from supervisors on how much is eaten and how things are.
- 21. My son doesn't have a meal if it has salad with it, as he doesn't want to leave it.
- 22. Too much choice
- 23. Not big enough portion size. Not given the option to have soup with sandwich is unlike the Hot/Main.
- 24. Queuing times.
- 25. No concerns.
- 26. Sometimes they run out of vegetarian options, which is the choice of the day.
- 27. There is not a lot of variety in the menu Seems to be the same things over & over. Not looking forward to having to start paying.
- 28. As a parent that also works in a school that receives Papdale dinners I feel more needs to be done to make the veg more appealing & therefore prevent it being thrown away.
- 29. Taking away Hotdogs on the last day before the holidays, they were a treat and very much looked forward to. The menu is so healthy all year round now which is brilliant, but Hotdogs for a treat should be brought back.
- 30. Too many choices for the younger kids.
- 31. More selection for pudding
- 32. Lack of pudding choices.
- 33. Bit to repetitive.
- 34. My child finds the queuing far too long.
- 35. The possibility of wastage.
- 36. Cost of meals, when you have more than one child at school, often pushes towards packed lunches.
- 37. Portion size.
- 38. There needs to be more choice, e.g. hot dogs are no more as are biscuits in the cold option. Although these are deemed "unhealthy" it is not fair to take them away altogether. Children will just not go for school dinners anymore if their choice is taken away.
- 39. The menu isn't really child friendly
- 40. Quite often my child complains that potatoes are undercooked. Litter arrangements for packed lunch
- 41. Not enough to eat at times, lack of traditional puddings.
- 42. Shame they don't get a treat meal at the end of term, quite expensive if only having sandwich + fruit.
- 43. White bread sandwiches
- 44. None

- 45. No concerns at all, very satisfactory
- 46. Poor quality food
- 47. Portion sizes
- 48. Portion sizes are very small for older children in the school
- 49. Cold dinner should be cheaper
- 50. Too expensive
- 51. None
- 52. The children sometimes tell me that they are rushing their meal, or the queue is long. Portion sizes are the same regardless of the age or appetite of the child.
- 53. My children always say the tatties are hard all the time. Fruit isn't fresh.
- 54. Portion sizes for older bairns. Fresh isn't fresh and contains bones my kids love fish but complain the school fish smells
- 55. My daughter has had issues with food anxiety and doesn't take school dinners every day as there is not an option for her to select only the elements of the meals she can eat, she is forced to have the whole meal.
- 56. The cost, not always enough for children on late lunch
- 57. Don't know enough about where the food is sourced or what quality is like.
- 58. That the price had gone up and there is less choice. Also, that sometimes the children don't get what is for lunch due to there being none left.
- 59. Sometimes meals run out and I feel the replacement option is unsuitable
- 60. Portion sizes small, not worth the money, child complains still hungry.
- 61. My child gets told where to sit by auxiliaries so doesn't always get to sit with her friends
- 62. I would like to see white bread for sandwiches again.
- 63. Child eating a sandwich lunch for the full £2.10
- 64. Staff sometimes remove choice as to where children can sit without explanation when there is seating available for themselves and friends. Children are provided with choices by catering staff, often catering staff do not hear the response.
- 65. Please bring back end of term hot dogs as they were a real treat!
- 66. That portion size will come down and price will keep going up.
- 67. As mentioned by my child, the portions appear to be small (although probably within standard), he would like more fruit available as it is often finished when he gets to lunch.
- 68. They are bland and unimaginative, there is too much reliance on generic food and not enough fresh vegetable choices.
- 69. The menu isn't the menu it used to be, kids favourites been removed, is hot dog and chips really so bad on the last day of term. Reduction in puddings is a huge miss too.
- 70. That they are not an option as my child won't eat them
- 71. Possible quality issues with food / veg undercooked so if child doesn't eat them comes home hungry
- 72. Quality of meals
- 73. I feel the prices for cold should be cheaper

74. Portion size being too small, if my child complains that her dinner portion was too small, it's not good value for money

Q3 What do you feel could be done to improve school meals for your child(ren)?

- 1. More choice for children with allergies and more plain meals rather than all this fancy meals.
- 2. Make sure children eat a balanced diet and a mix of hot & cold meals through the week.
- 3. My daughter is happy with school meals, so I am happy.
- 4. I think bringing back the choice of Hotdogs at the last day of each term.
- More choice of vegetables You only have Carrots, Broccoli, Mixed Veg, Peas, Corn, Cauliflower & Swede. What about Parsnips, Sweet Potatoes, Cauliflower Cheese Sauce, Mushrooms.
- 6. The option to try before committing to the meal.
- 7. Warm Puddings, especially in the cold weather, kids soon burn this off running about.
- 8. She seems happy with everything just now, so I am happy.
- 9. Bigger portions of fruit.
- 10. My children enjoy school meals and I am happy with the choice available, can't think of any improvements.
- 11. My son is sometimes disappointed if he is at the back of the line and there isn't the option left that he would have liked.
- 12. I think the school provides a great variety of foods, doesn't need any improvements.
- 13. Maybe make the options simpler, especially for the younger ones. Some of the meal choices look more set for older kids/adults.
- 14.I am aware there was an up roar regarding the withdrawal of puddings, but as this is potentially the one nutritious meal a child gets in the day, I do feel having a decent, warm pudding daily (especially in the winter) is not unreasonable.
- 15. It would be nice for there to be a milkshake option as an extra again. Children look forward too little treats.
- 16. Would like more encouragement from school to encourage pupils to have the hot option.
- 17.1 would be perfectly happy with the dinners if the choices were reduced.
- 18. Try to encourage different choices more often. My child eats $\frac{1}{2}$ cheese sandwich 99% of the time.
- 19. More choices.
- 20. Bigger portion sizes.
- 21. Some more pudding options would be good instead of the frequent yogurt/ fruit options.
- 22. Larger portions. More choice of Vegetables. More choice of

- Soups.
- 23.I am actually really happy with the school meals, I think there is a good choice, something for everyone.
- 24. Let all classes sit where they want. Bring back proper puddings. Let them have Hotdogs at the end of term. All fun and enjoyment has been taken out of food for kids. X 2
- 25. At a previous school the children preselected main meals and were issued with appropriately coloured wrist bands. Never any need for serving up Just cold ham.
- 26. As other schools in the county do, I feel a parent invite to come along and eat lunch along with your child in P1 would be great to know how things go and how to help them understand when problems occur.
- 27. More encouragement to eat hot meals.
- 28. School dinners are great.
- 29. I think a warm milky pudding should always be offered.
- 30. Perhaps more vegetables or salad sides.
- 31. More appealing Veg more peas/carrots/sweetcorn or cucumber sticks, raw carrot sticks, pepper sticks and cherry tomatoes on offer. If the vegetarian option was also vegan. Too much animal products in them all.
- 32. There was no section for soup our son <u>LOVES</u> the school soup. He also often speaks about how helpful and fun dinner ladies are, letting him have a peedie taste of things he is unsure about. Brilliant Service.
- 33.I am happy with the current system and feel there is a good choice of food with plenty of healthy options.
- 34. Queuing and seating.
- 35. Shorter queues, more food, sitting with all classmates and better choice of puddings.
- 36. That children with packed lunches not be segregated from others.
- 37. Generally, meals are great, but most weeks have a couple of high fat options e.g. Goujons & chips & battered haddock in batter. Beef burger & Haddock & chips. Mac cheese/ chicken pie/ battered haddock. Some highly processes options esp. for vegetarians that can be high salt & fat.
- 38. Bigger portions/ choice to have seconds.
- 39. Don't completely take away the choice one "unhealthy" option a week will do no harm e.g. hot dog at the end of term
- 40. Buy better meat / products. Improve the flavour (less salt and sugar means less flavour)
- 41. Improve overall consistency of meals some are very good but others not as well cooked.
- 42. Less spicy food, kids don't like it, the quality of fish has gone down.
- 43. Nothing identified
- 44. More variety of pudding options instead of frequent yoghurts / fruit.
- 45. More hot puddings i.e. custard, semolina etc
- 46. A relaxation on some of the healthy options
- 47. More salads as well as side veg. Q1 I've never actually seen

- or eaten a school dinner.
- 48. Less queuing, more time to eat.
- 49. Bigger portion sizes
- 50. More sandwiches or more choice, when my child goes for lunch, he doesn't like the hot choice and often says there is no cheese sandwiches.
- 51. It is important to have a healthy diet, but such a lot of food choices have been removed due to this which the children enjoy especially hot dogs and warm puddings. They easily burn it off once they are outside playing and running around. Bring back warm puddings especially in the colder months.
- 52. Larger portion sizes for the older children
- 53. Making sure there is always plenty for everyone.
- 54. Lower the prices for school meals and maybe bring back hotdogs and have it healthy but not as healthy as it is just now.
- 55. Ticket scheme is a bit out dated, could tickets either be sold at main reception or could we get a similar set up as KGS cards?
- 56. Buy better fish, give bigger portions to the older bairns, stick to plainer choices i.e. roast pork, chicken, beef etc.
- 57. Allow them to choose the sandwich filling such as jam or honey as only cheese or ham is not an option for her. She would eat rice, potatoes or chips and have fruit or a jam sandwich if she can't eat the hot option, but this is not allowed.
- 58. Have more variety for cold lunch
- 59. My child complains that there is never enough of the food he likes, and it always runs out very quickly leaving only a poor choice of other things
- 60. Not to put the price up again.
- 61. Take back white bread for sandwiches, brown or granary is not always healthy and not always liked.
- 62. My child says you could do with an extra line when queuing for meals.
- 63. My child is happy with his meals, thank you and well done.
- 64. My children would like to see hot dogs back on the menu.
- 65. Allow children to sit where they want to.
- 66. Whilst it is important to have rules and structure, it is also important to explain to the children the reasons and include them. Vegan option included in the menus would also be welcome.
- 67. Sometimes cooking is a little inconsistent e.g. baked potato.
- 68. Sandwich option are poor value for money.
- 69. A quieter dining hall experience, staff eating their lunch with the children so better supervision. A salad bar with more options, cold choice should offer more variety than a sandwich + fruit. Lunchtime should be separate from playtime so that children aren't rushing
- 70. The older kids need bigger portions than a p3 pupil. Bring back white bread sandwiches. Give the kids their favourites back.
- 71. Cook less, only cook for one school, smaller batches, offer other alternatives, baked tatties etc.
- 72. Keep hot meals / desserts available especially in winter a nice home cooked meal / soup / pudding is much nicer than a salad /

fruit / yoghurt on a cold day.

- 73. Less queuing times
- 74. Less queuing time, ability of children to sit with friends.
- 75. More choice bigger portions
- 76. Bigger portions for older children
- 77. More choices mains

Q4 How would you rate your knowledge of what a healthy diet is? (tick one)

Excellent	83	Good	75	Okav	4	Poor	0	None	0
_,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,				— ,			_		_

Q5 How aware are you of the links between food and health? (tick one)

Excellent	76	Good	78	Average	8	Little	0	No	0	
knowledge		knowledge		knowledge		knowledge		knowledge		

Q6 How important is it to you that your child eats a healthy meal at school? (tick one)

Very	101	Important	59	Not important	3
important					

Q7 Any other comments?

- 1. We would like it if the school meals offered the sustainable fish options only. And good vegetarian options.
- 2. My daughter always enjoys school meals which is just super. A review of puddings Yogurt plus a pudding every day.
- 3. Very happy with the meals my daughter has. She enjoys the variety and has been eating increasing amount of hot food since January.
- 4. My child likes to try new things, but I know she sometimes doesn't as there is no choice to change once it has been chosen.
- 5. All ages of children should have free school meals.
- 6. This may be the only warm meal some children get, so they should be a priority. Good warm nutritious dinners and puddings are a must.
- 7. Please give bigger portions of fruit to kids who want it. Please don't have creamy/ cheesy sauces for both hot meal & vegetarian meals, needs to be more a difference, so some choice.
- 8. The choices for the mains are very good now, if my daughter doesn't like the meat option she will normally have the vegetarian option. It's a shame the soup is very limited now and same with the puddings, there used to be a bigger variety not constantly fruit & yogurts. Something different is nice. Hot dogs on the last day of the term were their favourite and I still have to console a 5-year-old that there is not going to be hotdogs. Free school meals for all primary children not just nursery to P3.
- 9. Grateful for the nutritious meals provided and I really appreciate that

- my son is encouraged to try certain meals when he may be hesitant to.
- 10. Delighted that only brown bread is available now as that's all we have at home also.
- 11. Overall, very pleased with school meals & delighted to see good quality, local produce being used. My only minor bugbear is the availability of yogurt every day, seen as a healthy option, when in fact it's full of sugar. I'd rather see more traditional puddings on the menu (e.g. Semolina) but I appreciate that I'm lucky my kids like that sort of thing and perhaps not many kids do nowadays.
- 12.I am so glad that there are less sugary hot puddings this year □
- 13.I think the range of meals provided is great. I also think it is good that the pudding choice is now often fruit. I do however think it is a shame for the kids that Hot dogs are no longer served on the last day although am aware this is to meet government guidelines.
- 14. Think everyone is doing a good job on a limited budget. WELL DONE!
- 15. The nutritional value of the puddings is often not balanced & would be lovely to see more milky puddings especially as calcium intakes are decreasing. Yogurts should be available every day. "The dinners taste good & I enjoy them"
- 16. We wonder if it would be possible to bring back 'Hotdogs on the last day of the school term. Our daughter really enjoyed this dinner & we feel once a term would not hurt. School dinners are really good & varied, we eat fairly healthy meals at home, so feel a treat like this now & again should be allowed.
- 17. I understand the changes in dinner menu however the dessert choices do seem to have had an extreme change.
- 18. Could it be considered for the parent to join the child for lunch occasionally. Parents to pay for their own meals.
- 19. Children need twice as much calories as adults and require enough fat, sugar in their diet for bones to grow and the body to be healthy. They are not getting enough calories at school as they are starving and more likely to eat rubbish between school & tea time as a result. X2
- 20. You are doing a great job, Thank you!
- 21. Overall, I think the school meals are great, and although I understand the mostly fruit options, I feel some more milk-based puddings wouldn't be a bad idea either, on a personal level, some feedback and contact from the dinner hall staff would be reassuring.
- 22. My son is happy with the school dinners. It took him a lot longer to think of things he didn't like, then things he did like Good Sign!
- 23. We are yet to pay for school meals but will be very happy to do so when our daughter goes into P4 as she enjoys the food provided.
- 24. Would be wonderful if free school meals could be extended beyond P3.
- 25. I think overall the quality of school dinners in Orkney is outstanding.
- 27. Some of the food choices are a bit "random" veg isn't always something that goes with the rest of the meal. Overall the menu looks very good.
- 28.I certainly think meals could be even healthier but you have done a great job over the last year & I can fully appreciate the difficulty in providing nutritious meals that children will eat when they are so used

- to eating highly processed 'bruck' at home!
- 29. I very much appreciate the school meals my children receive.
- 30. Bring back hot dogs on the last day of term for at least 2 of them.
- 31. We appreciate the efforts by all of the team to deliver good food on a tight budget and want to encourage all for their efforts. PS bring back hotdogs
- 32. A healthy meal is one that the child eats well with. Balance is good and totally understand current concerns, but growing children need an amount of fat + sugar (energy) in their diet, it is a real shame for those children who don't have a weight issue.
- 33. Thank you for seeking our thoughts.
- 34. My daughter is a very fussy eater, so she doesn't have school dinners as she would end up leaving most of it. I would say they are very good unfortunately, they are not for my fussy child!
- 35. Use white bread for sandwiches in the cold options.
- 36. Very happy with the job you do, I think the "healthy meal" options you have to provide make it tricky. Miss the sponge puddings etc but realise these restrictions are compulsory. Thank you for making dinners for me bairns.
- 37. I think the dinner ladies + school do a great job catering for so many and all their needs.
- 38. Having a healthy meal at school is important but not crucial as our children eat healthily at home + and a little treat while they are at school won't do any harm
- 39. I think Papdale has done a great job lately in making the meals healthier and reducing plastic waste.
- 40. Please bring back some of the old food. Make sure they get to sit next to their friends. Sometimes we don't get the meals it says on the menu.
- 41. Generally, quite happy with the standard of school meals especially with the reductions in options etc.
- 42. Allow children a bit more choice on the day regarding what elements of the meal they choose such as rice on its own, some fruit accompanying maybe. My daughter is made to feel she is doing something wrong by being fussy, but she has a diagnosed condition which makes it difficult for her to have 2 elements on one plate at times.
- 43. We encourage our child to eat fresh fruit, but he says the fruit at school is watery and tasteless.
- 44. I generally think the school meals are good. My daughter isn't fussy but often speaks about not having much at lunchtime as there isn't always another choice and the lunch on the menu has run out and changed if they are on late lunch. Also bring back more pudding
- 45. My child is very happy with the school dinners.
- 46. Cost of school meal is ok however the cost of cold meal is quite expensive. Meals are usually what we choose or packed lunches due to this.
- 47. Different costs for just a sandwich.
- 48. Please bring back hot dogs and meringues
- 49. My child has school dinners only occasionally preferring a packed meal only due to us having a cooked family meal later in the day. It is great that children can choose to have school meal now and again and I feel menu choices are very limited. Is there any chance that this annual form could be completed as an online option this form does appear to

- be quite a lot of paper wastage?
- 50. In the main my son enjoys the meals although we prefer him not to have the sandwich option because of poor quantity and value for money.
- 51. It is so important that my child gets a healthy meal at school that I provide a packed lunch each day. This way, I can ensure that 5 a day happens, and that the food is good quality.
- 52. It would be good to know where the food is coming from + a list of ingredients, how much is fair trade etc.
- 53. More breaded fish or always an option to choose this, bigger fruit portions, less queuing, no 2 x creamy options in one day, children need a hot option if they don't like creamy sauces or are dairy intolerant.